

# Cardi-OH ECHO Welcome Packet



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# About the Ohio Cardiovascular & Diabetes Collaborative (Cardi-OH)

- » Cardi-OH is a statewide network of seven academic medical institutions funded by the Ohio Department of Medicaid.
- » Cardi-OH is focused on improving cardiovascular and diabetes health outcomes and eliminating disparities in Ohio's Medicaid population.

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## About Project ECHO®

- » **Project ECHO®** (Extension for Community Healthcare Outcomes) is an innovative educational program developed at the University of New Mexico Health Sciences Center. Cardi-OH has partnered with Project ECHO® to increase the capacity of primary care providers to safely and effectively treat cardiovascular disease.
- » **Cardi-OH ECHO** uses a combination of multi-point videoconferencing technology, case-based learning, promotion of best practices, and the monitoring of outcomes to create and support professional communities of learning and practice.
- » For more information about Project ECHO®, including a listing of worldwide ECHO initiatives, please visit: <https://echo.unm.edu/>.

In partnership with:



## Structure of Cardi-OH ECHO Clinics

DURATION	ITEM
5 mins	Introductions, roll call, announcements
10 mins	Didactic presentation on a particular topic, followed by a Q&A period
40 mins	Patient case study presentation/discussions
5 mins	Post-Clinic Survey completion

## Cardi-OH ECHO Tackling Type 2 Diabetes

WEEK	COURSE TITLE	DATE (THURSDAYS, 8-9 AM)
1	Overview of 2020 Standards of Medical Care in Diabetes	September 17, 2020
2	Impact of type 2 diabetes on minority populations	September 24, 2020
3	Lifestyle approaches to management of type 2 diabetes	October 1, 2020
4	New and emerging therapies for type 2 diabetes	October 8, 2020
5	Health literacy and numeracy and its impact on type 2 diabetes	October 15, 2020
6	Motivational interviewing in the context of type 2 diabetes	October 22, 2020
7	Advanced diabetes care models	October 29, 2020
8	Type 2 diabetes in the context of cardiovascular risk	November 5, 2020
9	Food sources and type 2 diabetes	November 12, 2020
10	Type 2 diabetes in a rural context	November 19, 2020
	Thanksgiving Holiday – No Clinic	November 26, 2020
11	Special populations: Patients with chronic mental illness	December 3, 2020
12	Wrap-up session	December 10, 2020

## Learning Objectives

- 1 Describe best practices for type 2 diabetes diagnosis and management protocols
- 2 Communicate about type 2 diabetes management issues with diverse patient populations
- 3 Implement interprofessional, practice-wide support for type 2 diabetes management protocols
- 4 Better understand and address type 2 diabetes management barriers due to social determinants of health

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## CME Accreditation/Designation Statement

- » The MetroHealth System is accredited by the Ohio State Medical Association to provide Continuing Medical Education (CME) for physicians.
- » The MetroHealth System designates this educational activity for a maximum of 12 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.
- » Other Healthcare Professionals: check with your professional association as these credits might be applicable for licensure renewal.

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## Expectations of Participation

By registering, you confirm your acknowledgement and consent to participate in the Cardi-OH ECHO clinic, and agree to:

- » Participate collegially in regularly scheduled Cardi-OH ECHO sessions by presenting cases, providing comments, asking questions;
- » Keep confidential any patient information provided by other participants during a session;
- » Complete periodic surveys to help improve services to clinicians and other partners;
- » Use required software including, but not limited to Zoom and Box;
- » Provide clinical updates and de-identified outcome data on patients as needed;
- » Be solely responsible for the treatment of your patients and understand that all clinical decisions rest with you regardless of recommendations provided by other Cardi-OH ECHO participants and;
- » Ensure that your patients are aware of your participation in Cardi-OH ECHO and their de-identified information could be shared.



## Case Studies

- » You will present one to two cases during the 12-week series (you will be scheduled to present on a specific date).
- » The submission of cases for presentation and discussion is a key component in the Project ECHO® model and critically important for knowledge building and sharing. We welcome cases that involve common clinical scenarios as well as difficult, complex, or challenging presentations.
- » A Case Study Form will be provided two weeks prior to your case presentation date to collect demographic and relevant clinical information about the patient. Please submit the form one week prior to the presentation date. This is an electronic form that will be assigned an ECHO ID # upon submission and returned to you as a PDF copy for your files prior to your case presentation date.
- » **NO HIPAA IDENTIFIERS MAY BE MENTIONED OR SHOWN DURING CASE PRESENTATIONS.** In addition, no other information that might identify the patient - such as social history details that may identify a patient residing in a small community - may be mentioned.
- » During the Cardi-OH ECHO clinic, the Facilitator will call on you to present your case. The Clinic Coordinator will scroll through your Case Study Form on screen as you present your case. Please verbally summarize your case in 10 minutes or less.
- » Please note that the Cardi-OH ECHO clinic will be recorded for educational purposes. By participating in a clinic, you are consenting to being recorded and photographed. Recordings will be made available on a secure website for access by Cardi-OH ECHO participants.

## Program Evaluation

- » Complete the Pre-clinic and Needs Assessment Survey before the series begins (due 9/16/2020).
- » Complete the Practice Profile (1 per practice) before the series begins (due 9/16/2020).
- » Complete all Post-Clinic Surveys (each week during the last 5 minutes of each clinic).
- » Complete the Exit Survey after the series ends (due 1/15/2021).

## Use of Zoom Technology

- » Cardi-OH ECHO will support practices' use of web conference technology (i.e., webcam, microphone/telephone audio, Zoom software) including a 1-on-1 tech check prior to the beginning of the 12-week series.
- » Participants are encouraged to be visible on video while in the clinic and contribute actively to the case discussion.

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## Guests/Observers

Cardi-OH ECHO will consider individuals interested in attending a clinic as an “Observer.” These individuals must submit a written request to the Clinic Coordinator and be granted permission to join. Observers will attend as non-participants and will be listen-only.

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## To-Do List

1. Accept all meeting invitations for the Cardi-OH ECHO series so the times and Zoom links are on your calendar (email invitations sent from Cardi-OH).
2. Schedule a ‘Tech Check’ with Rick Cornachione (rxc553@case.edu), to ensure your technology is working properly (9/1/20 - 9/16/20).
3. Complete the following forms (due 9/16/20) which will be emailed to you from Shannon Swiatkowski, Cardi-OH Clinic Coordinator:
  - » Pre-Clinic and Needs Assessment Survey
  - » Participant Commitment - Statement of Collaboration form
  - » Practice Profile (one per practice) emailed to your practice’s point person
4. Confirm case study presentation dates with Shannon Swiatkowski.

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## Contact Information

### **Shannon Swiatkowski**

Cardi-OH ECHO Clinic Coordinator

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