



Spring 2020 TeleECHO Clinic

Reducing the Burden of Hypertension Clinic Curriculum

REGISTRATION NOW OPEN!

Visit cardi-oh.org/echo/register to register.

WEEK	TOPIC	THURSDAYS, 8 - 9 A.M.
1	Uncontrolled hypertension: Scope and impact of the problem	January 16, 2020
2	Overview of undiagnosed hypertension	January 23, 2020
3	Factors influencing treatment adherence	January 30, 2020
4	Strategies for promoting medication adherence	February 6, 2020
5	Overview of salt restriction	February 13, 2020
6	Discussing and promoting lifestyle changes: A motivational interviewing approach	February 20, 2020
7	Special populations: African Americans	February 27, 2020
8	Special populations: the elderly and patients with disabilities	March 5, 2020
9	Special populations: Children and adolescents	March 12, 2020
10	Beyond salt restriction: Lifestyle approaches	March 19, 2020
11	Hypertension management and shared decision making/team-based approaches	March 26, 2020
12	Wrap-up session	April 2, 2020 Special Populations: African Americans

*Subject to change

For more information, contact info@cardi-oh.org or 216-368-7551.