



CARDI • OH

Ohio Cardiovascular Health Collaborative

2ND ANNUAL
STATEWIDE CONFERENCE
Getting to the Heart of the Matter

Nationwide Hotel & Conference Center
Lewis Center, Ohio
May 17, 2019 | 10:00 a.m. – 3:00 p.m.

Sponsored by



University Hospitals

Harrington Heart & Vascular Institute



10:00 – 10:05 a.m. Welcome

NorthPointe
Michael Konstan, MD
PI, Cardi-OH Case Western Reserve University
Ohio Department of Medicaid Remarks

10:05 – 10:30 a.m. Updates on Cardi-OH

NorthPointe
Shari Bolen, MD, MPH
Co-PI, Cardi-OH Case Western Reserve University
Keynote Introduction
Chris Longenecker, MD
University Hospitals Harrington Heart & Vascular Institute

10:30 – 11:30 a.m. Keynote Address and Q&A

NorthPointe
From the Ground Up: Inspiring and Empowering Communities to Improve Cardiovascular Health

LaPrincess C. Brewer, MD, MPH, FACC, FASPC
Mayo Clinic College of Medicine

Dr. Brewer is a cardiologist and researcher at Mayo Clinic in Rochester, Minnesota. In addition to caring for patients, she is active in conducting research that involves the participation of community groups in developing initiatives and programs to improve health outcomes among their members.



11:30 – 11:45 a.m. Lunch Service

11:45 a.m. – 12:15 p.m. Special Session: Spotlight on Ohio

NorthPointe
Good Medicine: Addressing Cardiovascular Health-Related Social Needs in Ohio
An overview of two regional efforts in Cincinnati and Columbus that identify and address patients' social needs as they relate to cardiovascular health.

Facilitator: Barbara Tobias, MD, *University of Cincinnati*

- David Brewer, MBA, RD, LD, *PrimaryOne Health*
- Aaron Clark, DO, *The Ohio State University*
- Kiana Trabue, MPH, *The Health Collaborative*

12:15 – 12:35 p.m. Group Photo

12:35 – 1:00 p.m. Poster Session

Study

1:00 – 1:40 p.m. Lightning Presentations – two concurrent sessions

NorthPointe
A showcase of interdisciplinary clinical research, quality improvement, and implementation-based studies focused on assessing and improving cardiovascular health in Medicaid patients.

Session 1 Outpatient Hypertension Management & Quality Improvement

NorthPointe
Moderator: John Boltri, MD, *Northeast Ohio Medical University*

Session 2 Lifestyle and Social Determinants of Health

Grand Ballroom 3
Moderator: Shireen Khoury, MD, MPH, *The MetroHealth System*

1:45 – 2:45 p.m. Workshops on Emerging Best Practices

Grand Ballroom 4
Workshop 1 Project ECHO®: Creating a Virtual Community of Practice

A live teleECHO clinic simulation of best practices in hypertension management, including new developments in pharmacotherapy for hypertension.

- Goutham Rao, MD, *Case Western Reserve University*
- Michael Holliday, MD, *University of Cincinnati*
- Chris White, MD, JD, MHA, *University of Cincinnati*
- Patricia Wigle, PharmD, *University of Cincinnati*
- Daniel Hargraves, MSW, *University of Cincinnati*

Grand Ballroom 3
Workshop 2 Navigating Toward Health: Innovative Care Models in Clinics and Communities

A review of emerging best practices across Ohio that correspond to the CDC's four strategies to address chronic disease management including pharmacist- and community health worker-led models.

- Stacey Gardner-Buckshaw, PhD, *Northeast Ohio Medical University*
- Elizabeth Beverly, PhD, *Ohio University*
- Rochelle Rennie, DO, *Ohio University*
- Jennifer Rodis, PharmD, *The Ohio State University*
- Alexa Valentino, PharmD, *The Ohio State University*

Northpointe
Workshop 3 Engaging Patients in Their Care: Medication Adherence and Health Literacy in Clinical Practice

An update on tools and techniques to engage and empower patients for improved care plan adherence, as well as strategies for effective communication with patients with low health literacy.

- Sarah Aldrich, PharmD, *The University of Toledo*
- BreAnna Meinzer, PharmD, *The University of Toledo*
- Joseph DaPrano, MD, *Case Western Reserve University*
- Joseph Sudano, PhD, *Case Western Reserve University*

2:50 – 3:00 p.m. Award Presentations

NorthPointe
Lisa Wheeler-Cooper, *American Heart Association*
Shari Bolen, MD, MPH

Wrap-Up and Next Steps

Michael Konstan, MD
Shari Bolen, MD, MPH

ABOUT CARDI-OH

The Ohio Cardiovascular Health Collaborative is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.



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