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Universal Blood Pressure Assessment in Dental Centers

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Disclosure-None

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Universal Blood Pressure Assessment in Dental Centers

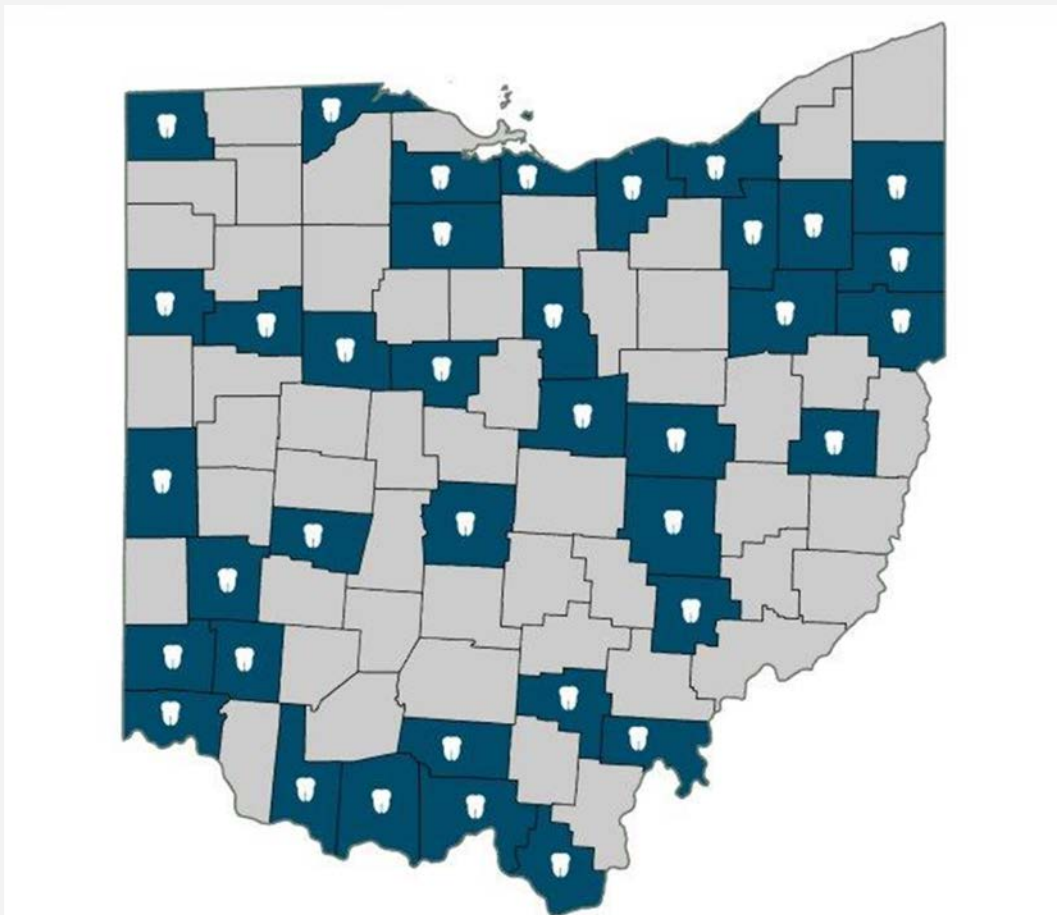
Ohio Association of Community Health Centers

- 55 Community Health Centers across 69 counties
- 340 locations
- Over 800,000 patients
- 40/55 FQHCs have dental, with over 90 delivery sites

ORAL HEALTH IN OHIO'S FQHCs



Ohio's Dental Centers



Program Beginnings – Talking with Partners



Program Overview




- ▶ Universal screening of blood pressure (18 +)
- ▶ Blood pressure cuffs sent to each dental center
- ▶ Sample office procedure language
- ▶ Training Webinars
- ▶ Patient pamphlets – Heart Healthy Ohio
- ▶ Pocket reference cards

Patient Pamphlet



GET YOUR BLOOD PRESSURE UNDER CONTROL

Did you Know?

-  High blood pressure affects almost 1/3 of all American adults.
-  People with high blood pressure are 4 times more likely to have a stroke.
-  People with high blood pressure are 3 times more likely to die from heart disease.

Blood Pressure: Numbers & Meanings

	HEALTHY		NORMAL
Systolic	Less than	120	
	AND		
Diastolic	Less than	80	
	HYPERTENSION		HIGH
Systolic	Higher than	140	
	OR		
Diastolic	Higher than	90	
	HYPERTENSIVE CRISIS		EMERGENCY
Systolic	Higher than	180	
	OR		
Diastolic	Higher than	110	

*Systolic measures the amount of pressure that blood exerts on your blood vessels while your heart is beating.
 *Diastolic measures the pressure in your blood vessels in-between heart beats.
 *The table above shows healthy & unhealthy blood pressure ranges as recognized by the American Heart Association.
www.americanheartassociation.org

6 STEPS TO GET UNDER CONTROL

-  Get a blood pressure screening & see your doctor if it is high.
-  Keep a healthy weight & keep active.
-  Follow the instructions for your medicine & don't stop taking it without talking to your doctor.
-  Eat more fruits & vegetables and food with low salt.
-  Keep track of your blood pressure numbers & show them to your doctor.
-  Don't smoke. If you smoke, we can help you stop. Call 1-800-QUIT-NOW or visit www.ohio.quitlogix.org.



Pocket Reference Card

		SYSTOLIC PRESSURE		
		≤ 140	141 - 179	≥ 180
DIASTOLIC PRESSURE	≤ 90	No further action needed	Confirm Advise Refer Proceed	STOP
	91-109	Confirm Advise Refer Proceed	Confirm Advise Refer Proceed	STOP
	≥ 110	STOP	STOP	STOP

For Elective Dental Procedures

CONFIRM blood pressure.
ADVISE of blood pressure reading.
REFER to Primary Care Provider for follow up.
PROCEED with Dental Procedure.

STOP

CONFIRM blood pressure.
ADVISE of blood pressure reading.
REFER to Primary Care Provider for follow up in 24 hours.
NO DENTAL PROCEDURE SHOULD BE PERFORMED



OHIO DENTAL ASSOCIATION
Informing - Representing - Serving



Program Results – Year 1



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Blood Pressure Screening in the Dental Office ➔

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Key Words:

- primary care
- dental health services
- ambulatory blood pressure monitoring
- community health centers
- quality improvement

THE INNOVATION

Integrating oral health and primary care has long been a goal for many health care organizations, including Federally Qualified Health Centers. The Ohio Association of Community Health Centers (OACHC) has recently built upon this principle through an initiative that makes blood pressure screening part of the intake process for oral health patients in member health centers—a step that makes good sense, given that many patients see a dentist more frequently than a physician.

WHO & WHERE

OACHC is a membership organization that supports Ohio's community health centers, of which 33 offered on-site dental care at 81 sites when the blood pressure screening program began (Supplemental Appendix 1). In partnership with the Ohio Dental Association, and with funding assistance from the Ohio Dental Association Foundation, those 33 community health centers started checking the blood pressure of patients at every dental visit. (Since the beginning of the program in July, 2016, numbers have grown; now 36 of 49 community health centers offer on-site dental care at 83 sites.)

HOW

« Previous | Next Article »
Table of Contents

This Article

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Thank You!

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