



CARDI • OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update

The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

November Statewide Webinar: Register Now!

COVID-19 and Cardiovascular Health: Managing Patients and Incorporating a Telehealth Framework

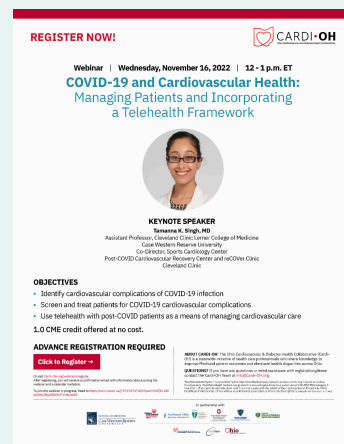
Wednesday, November 16, 2022
12 - 1 p.m. ET
No-cost CME credit available

KEYNOTE SPEAKER

Tamanna Singh, MD
Cleveland Clinic

OBJECTIVES

- Identify cardiovascular complications of COVID-19 infection
- Screen and treat patients for COVID-19 cardiovascular complications
- Use telehealth with post-COVID patients as a means of managing cardiovascular care

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Tune in to Cardi-OH Radio

Podcast 27 - What Every Primary Care Provider Should Know About Hypertension



Cardi-OH RADIO

Check out the latest podcast featuring Jackson T. Wright, Jr., MD, PhD, from Case Western Reserve University.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)

Pearls for Clinical Practice

Capsule 27 - Using the PETAL Framework to Advance Health Equity

Did You Know?

The PETAL (Prioritize Health Equity, Engage the Community, Target Health Disparities, Act on the Data, Learn and Improve) framework can help clinicians identify practical, actionable steps toward achieving racial equity in health care outcomes.

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.

Cardi-OH

CAPSULE

INCREASE AND SUSTAIN ON Using the PETAL Framework to Advance Health Equity

"Racial equity is the process of eliminating racial disparities and improving outcomes for everyone." Advancing racial equity and addressing racism in health care and community settings necessitates education and engagement in activities focused on anti-racism. Evaluation of policies, practices, and procedures that lead to inequitable outcomes is also required. The PETAL framework is a useful starting point for equity efforts in clinical settings.¹

PETAL Framework	Action Steps	Clinical Example
Prioritize Health Equity	Assess impact of health disparities in your community; make health equity a priority for your institution.	While visiting a Center for Disease Control database and your clinic's electronic health record data, your team learns that Black women with hypertension in your community and clinic have higher rates of associated blood pressure, heart attack, and stroke. ²
Engage the Community	Develop protocols to engage with the community and patients.	In developing community measures, you find that the neighborhood pharmacy is understaffed, making medication adherence a challenge.
Target Health Disparities	Understand the root of social determinants of health.	While reviewing your clinic's blood glucose screening data, you learn that 50% of your patients do not have a self-monitoring device to track their progress.
Act on the Data	Address barriers contributing to health inequity by creating an action plan.	Your team works with a pharmacy and local community center to ensure medication delivery options in your area.
Learn and Improve	Share knowledge and implement processes to improve equity with all stakeholders.	Follow up with patients about access challenges and solutions. Share information with local government and teachers, and create a long-term plan to address issues.

For more information, access Cardi-OH's expanded resource on [racism and equity in health care](#).

1. National Academies of Sciences, Engineering, and Medicine. *Health and Medicine Equity: The Role of the Health Care System*. Washington, DC: National Academies Press; 2020. 2. CDC. *Disparities in Blood Pressure Control by Race and Ethnicity*. Atlanta, GA: CDC; 2019.

News You Can Use

Current 22 - Update on E-Cigarettes and Cardiovascular Disease Risk

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.

Cardi-OH CURRENTS

Spring 2023 Cardi-OH ECHO Clinic: Register Now!

Innovations in Diabetes and Cardiovascular Health

January 12 - March 30, 2023

8 - 9 a.m. ET

No-cost CME credits available

Cardi-OH has partnered with Project ECHO® to increase the capacity of primary care providers to safely and effectively treat cardiovascular disease and diabetes. **Cardi-OH ECHO** uses a hub and spoke model featuring expert-led didactics and case-based learning in a 12-week virtual clinic.

Spring 2023 ECHO Clinic

Innovations in Diabetes and Cardiovascular Health

FACILITATOR: Courtney Rios, MD, MPH
Assistant Professor, Department of Medicine and Community Health
Case Western Reserve University School of Medicine

DATES: Thursday, 8 a.m.
January 12 to March 30, 2023

Register Now! [FREE 12-week series. Space is limited.](#) [cardi-oh.org/echo/register](#)

How It Works
Cardi-OH ECHO utilizes Zoom to conduct virtual clinics with primary care providers in Ohio. This hub-and-spoke model connects physicians, nurses and other clinicians with a multidisciplinary panel of experts who provide the specialized knowledge they need to care for patients with complex conditions. Each clinic will include a brief didactic session followed by an interactive discussion of the identified case studies, and will offer a whole-person approach to diabetes and cardiovascular risk management.

Why Join Cardi-OH ECHO

- Professional development and continued learning
- Expanded knowledge network and collegiality with practices across the state
- Increased efficiency and pace of practice
- Improved patient retention, health outcomes, and satisfaction
- No-cost CME credits available

Testimonials

"I enjoyed hearing alternative perspectives, learning more about disease complications, and expanding my knowledge base. I enjoyed the case studies and collaborating on plans for these patients."
—*Samir, MD, University Hospitals Case Medical Center, Cleveland, Ohio*

"It was well-paced and well-presented. I learned a lot of useful and practical things that will improve my skills and practice."
—*Alison, MD, University of Toledo Medical Center, Toledo, Ohio*

Presented by 2023. The mission of Cardi-OH is to improve cardiovascular and diabetes health outcomes and eliminate disparities in Ohio's medical populations.

Co-sponsors: [Case Western Reserve University](#), [University Hospitals](#), [Cleveland Clinic](#), [University of Toledo](#), [University of Akron](#), [University of Cincinnati](#), [University of Dayton](#), [University of Evansville](#), [University of Findlay](#), [University of Mount Union](#), [University of North Carolina at Charlotte](#), [University of North Carolina at Greensboro](#), [University of North Carolina at Wilmington](#), [University of North Carolina at Chapel Hill](#), [University of North Carolina at Pembroke](#), [University of North Carolina at Salisbury](#), [University of North Carolina at Western](#), [University of North Carolina at Charlotte](#), [University of North Carolina at Greensboro](#), [University of North Carolina at Wilmington](#), [University of North Carolina at Chapel Hill](#), [University of North Carolina at Pembroke](#), [University of North Carolina at Salisbury](#), [University of North Carolina at Western](#).

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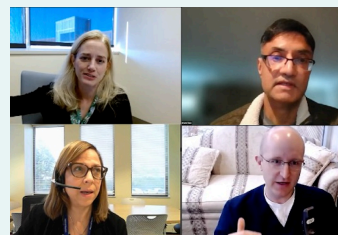
Fall 2022 Cardi-OH ECHO Clinic

What's New in Cardiovascular Prevention? A Series of Case-Based Discussions



View a highlight from the [Advances in Telehealth](#) clinic on October 13, 2022, featuring Kathleen Dungan, MD, MPH, from The Ohio State University.

Want to see more? [View videos](#) of past clinics led by our content experts.



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Sharing best practices to improve cardiovascular and diabetes health

In partnership with:



The Ohio Cardiovascular and Diabetes Health Collaborative is funded by the Ohio Department of Medicaid and administered by the Ohio Colleges of Medicine Government Resource Center. The views expressed in this presentation are solely those of the authors and do not represent the views of the state of Ohio or federal Medicaid programs.

Cardi-OH | 10900 Euclid Ave | Cleveland, OH 44106-4961 US

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