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CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

Top Best Practices Resources

Wonder what your colleagues are interested in? Check out Cardi-OH's most popular 2022 content:

CARDI-OH DOCUMENTS

1. *Optimizing the Telehealth Diabetes Visit: Glucose Monitoring Data*
2. *Improving Care for LGBTQIA+ Patients: Creating an Inclusive Practice*
3. *Managing Diabetes in Older Populations: Targets, Challenges, and Medications*

CARDI-OH CAPSULES

1. *Capsule 23 – Medication Access: Assisting Patients With Financial Barriers*
2. *Capsule 24 – Utilizing the DEINTENSIFY Strategy to Manage Diabetes in Older Adults*
3. *Capsule 22 – Inclusive Interview Tips for LGBTQIA+ Patients*

CARDI-OH RADIO

1. *Podcast 28 – Adaptive Leadership: An Essential Tool for Effecting Change*
2. *Podcast 27 – What Every Primary Care Provider Should Know About Hypertension*

2022 IN REVIEW

3. *Podcast 25 – The Impact of Gender-Affirming
Hormonal Therapy on Cardiometabolic Health*

Visit [Cardi-OH.org](https://cardi-oh.org) to access our full library of evidence-based diabetes and cardiovascular best practices.

February Statewide Webinar: Register Now!

The Intersection of Weight Management and Diabetes Care

**Wednesday, February 22, 2023
12 - 1 p.m. ET**

1.0 CME credit offered at no cost.

KEYNOTE SPEAKER

Benjamin O'Donnell, MD
The Ohio State University Wexner Medical Center

OBJECTIVES

- Describe the epidemiology of obesity and its intersection with diabetes.
- Understand the role of glucagon-like peptide-1 receptor agonists (GLP-1 RA) and sodium-glucose cotransporter-2 inhibitors (SGLT2i) for diabetes and weight loss.
- Prescribe effective and necessary lifestyle modifications as an accompaniment to pharmacological therapy.

REGISTER NOW!

Webinar | Wednesday, February 22, 2023 | 12 - 1 p.m. ET
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KEYNOTE SPEAKER
Benjamin O'Donnell, MD
Associate Professor
Division of Endocrinology, Diabetes, and Metabolism
Medical Director of Medical Weight Management
The Ohio State University Wexner Medical Center

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ADVANCE REGISTRATION REQUIRED

[Click to Register](#)

ABOUT CARDI-OH: The Ohio State University Wexner Medical Center is a leading provider of cardiovascular and metabolic health services. Cardi-OH is a collaborative effort between the Division of Endocrinology, Diabetes, and Metabolism and the Division of Cardiology to provide comprehensive care for patients with cardiovascular and metabolic health issues. For more information, visit cardi-oh.org.

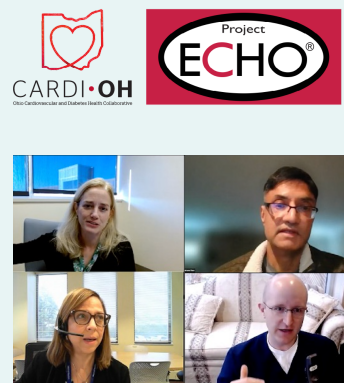
[View the flyer](#)

Congrats to the Cardi-OH ECHO Fall 2022 Cohort!

What's New in Cardiovascular Prevention? A Series of Case-Based Discussions

Recognizing the 10 clinical practices that participated in the Fall 2022 Cardi-OH ECHO Clinic:

- Adams County Regional Medical Center, Family Medicine, Mt. Orab and Winchester
- Five Rivers Health Centers, Family Health Center and Internal Medicine, Dayton
- MetroHealth, Bedford Medical Offices and Cleveland Heights Medical Center
- The Ohio State University Wexner Medical Center, Outpatient Care Lewis Center
- OhioHealth, Physician Group Heritage College, Athens



- Salem Regional Medical Center, Internal Medicine Center
- University of Toledo, Comprehensive Care Center

View [didactic presentations](#) from our content experts.

November 2022 Webinar: Watch the Recording!

COVID-19 and Cardiovascular Health: Managing Patients and Incorporating a Telehealth Framework

View the [recording](#) of the November 16, 2022, webinar featuring:

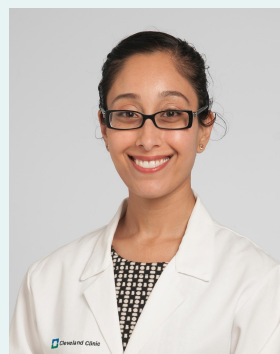
KEYNOTE SPEAKER

Tamanna K. Singh, MD
Cleveland Clinic

MODERATOR

Amy Zack, MD
Case Western Reserve University

The webinar recording, slides, and resources are available on [Cardi-OH.org](#).



Tamanna K. Singh, MD

[Watch the video](#)

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Learn More

Visit [Cardi-OH.org](#) to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with:



The Ohio Cardiovascular and Diabetes Health Collaborative is funded by the Ohio Department of Medicaid and administered by the Ohio Colleges of Medicine Government Resource Center. The views expressed in this presentation are solely those of the authors and do not represent the views of the state of Ohio or federal Medicaid programs.

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