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Volume 35 | January 18, 2023

CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

February Statewide Webinar Register Now!

The Intersection of Weight Management and Diabetes Care

Wednesday, February 22, 2023
12 - 1 p.m. ET

1.0 CME credit offered at no cost.

KEYNOTE SPEAKER

Benjamin O'Donnell, MD
The Ohio State University Wexner Medical Center

OBJECTIVES

- Describe the epidemiology of obesity and its intersection with diabetes.
- Understand the role of glucagon-like peptide-1 receptor agonists (GLP-1 RA) and sodium-glucose cotransporter-2 inhibitors (SGLT2i) for diabetes and weight loss.
- Prescribe effective and necessary lifestyle modifications as an accompaniment to pharmacological therapy.

REGISTER NOW! 

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The Intersection of Weight Management and Diabetes Care



KEYNOTE SPEAKER
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Associate Professor
Division of Endocrinology, Diabetes, and Metabolism
Medical Director of Medical Weight Management
The Ohio State University Wexner Medical Center

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ADVANCE REGISTRATION REQUIRED

[Click to Register](#)

about CARDI-OH: This free statewide & diabetes health collaborative (CARDI-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio. **DATE/TIME:** If you have any questions or need assistance with registration please contact the CARDI-OH team at info@cardi-oh.org.

As presented by:



[View the flyer](#)

Tune in to Cardi-OH Radio

Podcast 29 - The Role of Clinical Pharmacists on Your Primary Care Team

Check out the latest podcast featuring Sarah Aldrich, PharmD, BCACP, and Marilee Clemons, PharmD, BCACP, both from University of Toledo.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



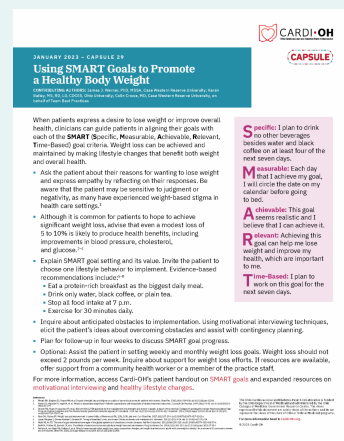
Pearls for Clinical Practice

Capsule 29 - Using SMART Goals to Promote a Healthy Body Weight

Did You Know?

Clinicians should encourage patients to choose one lifestyle behavior change to focus on at a time to maximize success.

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.



News You Can Use

Current 24 - Support for SGLT2i Use in Heart Failure with Preserved Ejection Fraction

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.



Spring 2023 Cardi-OH ECHO Clinic

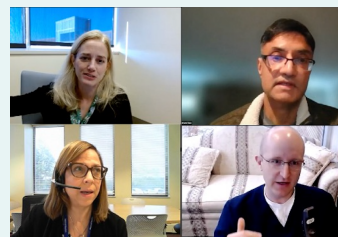
Innovations in Diabetes and Cardiovascular Health

View a highlight from the **Out of Office Blood Pressure Monitoring** clinic on January 12, 2023, featuring



Goutham Rao, MD, FAHA, from Case Western Reserve University.

Want to see more? [View videos](#) of past clinics led by our content experts.



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Visit Cardi-OH.org to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with:



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