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CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

December 2024 Statewide Webinar: *Register Now!*

*Primary and Secondary Prevention of
Cardiovascular Disease in Women*

Wednesday, December 4, 2024
12 - 1 p.m. ET

1.0 CME credit offered at no cost.

KEYNOTE SPEAKER

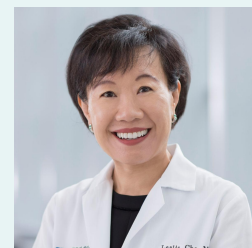
Leslie Cho, MD
Vice Chair, Heart, Vascular and Thoracic Institute
Director, Women's Cardiovascular Center
Cleveland Clinic

OBJECTIVES

- Identify cardiovascular risk considerations unique to women.
- Provide evidence-based patient education on the prevention and risk management of cardiovascular disease.
- Screen and treat cardiovascular disease risk factors in women.



Cardi-OH
WEBINAR



Leslie Cho, MD

[View flyer](#)

Tune in to Cardi-OH Radio

Podcast 50 - Sudden Cardiac Death in Athletes: An Overview for Primary Care

Listen to Abdul Wase, MD, from Wright State University.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



Abdul Wase, MD

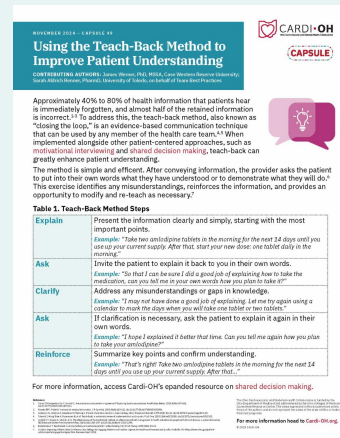
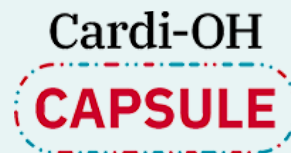
Pearls for Clinical Practice

Capsule 49 - Using the Teach-Back Method to Improve Patient Understanding

Did You Know?

Approximately 40% to 80% of health information patients hear is immediately forgotten, and nearly half of what they remember is incorrect.

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.



News You Can Use

Current 44 - Nurse Case Management Plus Home Blood Pressure Telemonitoring Significantly Lowers Blood Pressure for Black and Hispanic Stroke Survivors

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.



Download Cardi-OH's Web App!

- Access Cardi-OH's library of cardiovascular and diabetes care resources.
- Bookmark your favorites.
- Share best practices with colleagues.



[Get Web App →](#)

Learn More

Visit [Cardi-OH.org](https://cardi-oh.org) to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with



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