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Volume 57 | January 30, 2025



CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

Tune in to Cardi-OH Radio

Podcast 52 - Identifying and Treating Atypical Diabetes

Listen to Kathleen Dungan, MD, MPH, from The Ohio State University.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



**Cardi-OH
RADIO**



Kathleen Dungan, MD, MPH

Pearls for Clinical Practice

Capsule 51 - Cardiovascular Disease Prevention and Risk Factor Management in Youth

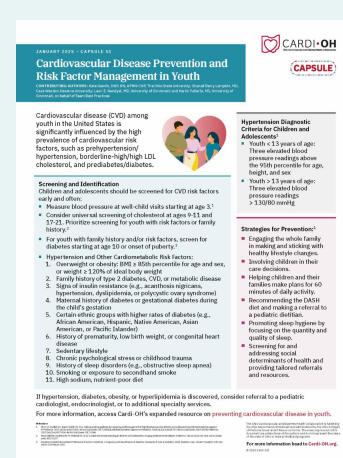
Did You Know?

Blood pressure should be checked at well-child visits beginning at age 3.

Cardi-OH

CAPSULE

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.



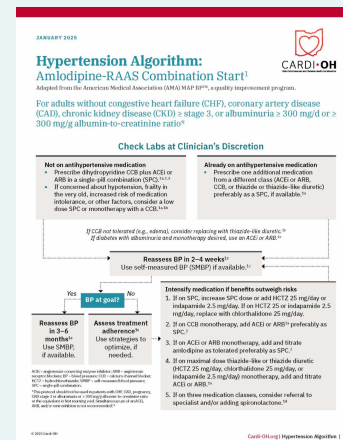
What You Need to Know

Hypertension Algorithm: Amlodipine-RAAS Combination Start

Adapted from the American Medical Association's (AMA) MAP BP™ quality improvement program, this protocol provides guidance on antihypertensive medication treatment to help clinicians achieve optimal blood pressure control in their patients with hypertension. Included is a treatment algorithm as well as a table of generic medications.

Articles focus on high-priority topics in cardiovascular and diabetes care designed for primary care clinicians.

Cardi-OH ARTICLES



News You Can Use

Current 46 - Blood Test for Three Biomarkers Predicts Women's 30-Year CVD Risk

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.



Cardi-OH ECHO QI: Join Now!

Quality Improvement Cardiovascular Series

April 2025-May 2026

Cardi-OH is recruiting Ohio primary care practices to participate in an innovative quality improvement (QI) initiative using the Project ECHO model.

WHY JOIN



- Professional development and continued learning.
- Increased QI knowledge and support from a dedicated coach.
- Expanded knowledge network and collegiality with practices across the state.
- Improved patient care delivery.
- No-cost CME credits available and support for MOC.



[View flyer](#)

April 2025 Statewide Webinar: *Save the Date!*

Identifying and Addressing Food Insecurity in the Medical Setting

Wednesday, April 30, 2025
12-1 p.m. ET

Registration opening soon.

KEYNOTE SPEAKER

David H. Holben, PhD, RDN, LD, FAND
Professor and Gillespie Distinguished Scholar
Director, Office of Food and Nutrition Security
The University of Mississippi

OBJECTIVES

- State the prevalence of food insecurity in Ohio and the U.S.
- Provide evidence-based screening for food insecurity
- Recognize national and local resources available to address food insecurity
- Educate others on the impact of food insecurity on health and well-being.

No-cost CME credit available.

View recordings and slides from previous webinars on Cardi-OH.org.

Cardi-OH WEBINAR



David H. Holben, PhD, RDN,
LD, FAND

Using the Cardi-OH Web App is Simple!

- Access Cardi-OH's library of cardiovascular and diabetes care resources.
- Bookmark your favorites.
- Share best practices with colleagues.



[Download Web App →](#)

Learn More

Visit Cardi-OH.org to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with



The Ohio Cardiovascular and Diabetes Health Collaborative is funded by the Ohio Department of Medicaid and administered by the Ohio Colleges of Medicine Government Resource Center. The views expressed in this document are solely those of the authors and do not represent the views of the state of Ohio or federal Medicaid programs.

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