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Volume 59 | March 27, 2025



CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

April 2025 Statewide Webinar: *Register Now!*

*Identifying and Addressing Food Insecurity in the
Medical Setting*

**Wednesday, April 30, 2025
12-1 p.m. ET**

KEYNOTE SPEAKER

David H. Holben, PhD, RDN, LD, FAND
Director, Office of Food and Nutrition Security
The University of Mississippi

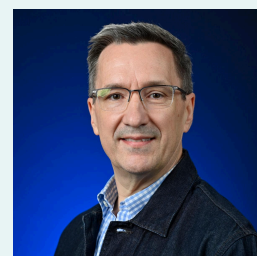
OBJECTIVES

- State the prevalence of food insecurity in Ohio and the U.S.
- Provide evidence-based screening for food insecurity
- Recognize national and local resources available to address food insecurity
- Educate others on the impact of food insecurity on health and well-being.

No-cost CME credit available.



**Cardi-OH
WEBINAR**



David H. Holben, PhD, RDN,
LD, FAND

[View flyer](#)

Tune in to Cardi-OH Radio

Podcast 54 - Addressing Low Nutrition Literacy: Strategies for Primary Care

Listen to Karen Bailey, MS, RDN, LD, CDCES, from Ohio University.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



**Cardi-OH
RADIO**



Karen Bailey, MS, RDN, LD,
CDCES

Pearls for Clinical Practice

Capsule 53 - Strategies for Incorporating Green Space into Health Care

Did You Know?

Time spent in green spaces boosts mental health by reducing depression and anxiety and strengthening social connections, which can help protect against cardiovascular disease.

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.

**Cardi-OH
CAPSULE**



News You Can Use

Current 48 - Key Takeaways from the 2025 ADA Standards of Care

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.

**Cardi-OH
CURRENT**

2025 Cardi-OH Needs Assessment Survey: *Last Chance to Share Your Thoughts!*

Have you filled out the 2025 Cardi-OH Needs Assessment? You should have received an email in early March with a link to the survey. Your responses are crucial as they will provide valuable insights into the

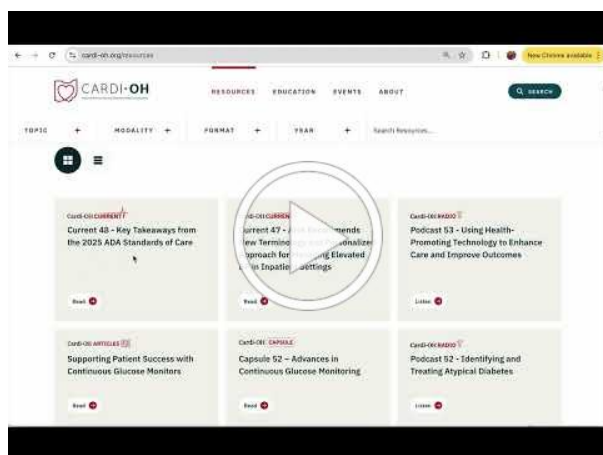


work we have accomplished so far and guide Cardi-OH's future efforts.

Please contact info@cardi-oh.org with any questions.

List View of Resources Now Available on Cardi-OH.org

Resources are now viewable as a list in addition to cards. To switch between views, go to the [Resources page](#) and click the round buttons above the list.



More features will be released soon!

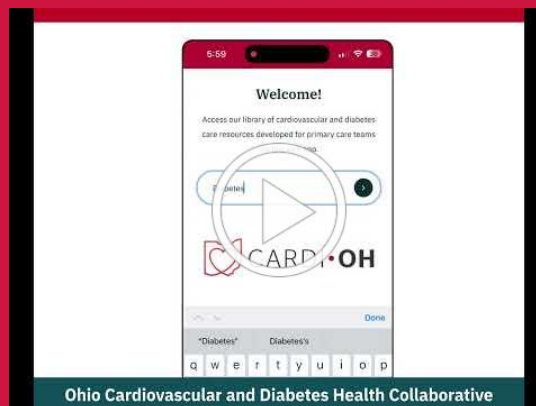


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[Visit Cardi-OH.org](https://cardi-oh.org)

Using the Cardi-OH Web App is Simple!

- Access Cardi-OH's library of cardiovascular and diabetes care resources.
- Bookmark your favorites.
- Share best practices with colleagues.



[Download Web App →](#)

Learn More

Visit [Cardi-OH.org](https://cardi-oh.org) to read more about the collaborative and our latest best practices.



Sharing best practices to improve

In partnership with



The Ohio Cardiovascular and Diabetes Health Collaborative is funded by the Ohio Department of Medicaid and administered by the Ohio Colleges of Medicine Government Resource Center. The views expressed in this document are solely those of the authors and do not represent the views of the state of Ohio or federal Medicaid programs.

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