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Volume 60 | April 28, 2025



CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

April 2025 Statewide Webinar: *Reserve Your Spot!*

Identifying and Addressing Food Insecurity in the Medical Setting

Wednesday, April 30, 2025
12-1 p.m. ET

KEYNOTE SPEAKER

David H. Holben, PhD, RDN, LD, FAND
Director, Office of Food and Nutrition Security
The University of Mississippi

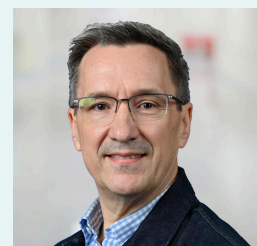
OBJECTIVES

- State the prevalence of food insecurity in Ohio and the U.S.
- Provide evidence-based screening for food insecurity
- Recognize national and local resources available to address food insecurity
- Educate others on the impact of food insecurity on health and well-being

No-cost CME credit available.



Cardi-OH
WEBINAR



David H. Holben, PhD

[View flyer](#)

Tune in to Cardi-OH Radio

Podcast 55 - Using the Teach-Back Method to Improve Patient Understanding

Listen to Sonal Patil, MD, MPH, and Esther Thatcher, PhD, RN, from Case Western Reserve University.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

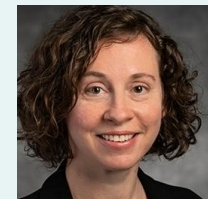
Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



**Cardi-OH
RADIO**



Sonal Patil, MD, MPH



Esther Thatcher, PhD, RN

Pearls for Clinical Practice

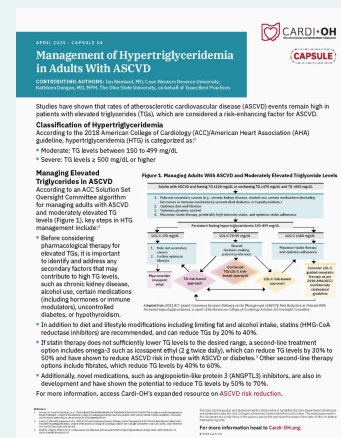
Capsule 54 - Management of Hypertriglyceridemia in Adults With ASCVD

Did You Know?

The first step in addressing hypertriglyceridemia is to identify and manage any underlying secondary causes.

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.

Cardi-OH CAPSULE



News You Can Use

Current 49 - Health-Related Social Needs Negatively Impact Cardiovascular Health in U.S. Adults

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.

Cardi-OH CURRENT

Find Cardi-OH's Treatment Algorithms All in One Place

Easily access treatment algorithms on the Cardi-OH website at [Cardi-OH.org/resources/topic/treatment-](https://www.Cardi-OH.org/resources/topic/treatment-)



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algorithms. Bookmark the page for quick and convenient access.

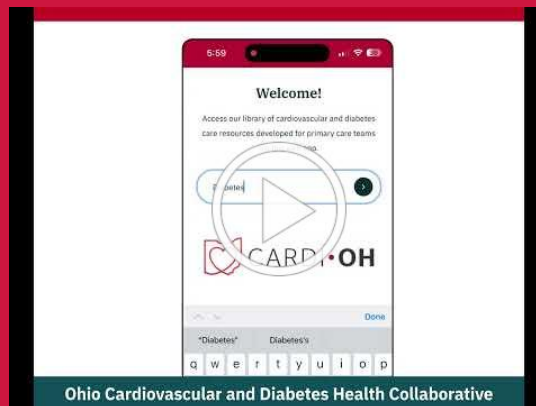
[Visit Cardi-OH.org](https://www.Cardi-OH.org)

Plus, "Treatment Algorithms" is now a dedicated topic filter in the [Resource Library](#), making it even easier for busy clinicians to find exactly what they need at the point of care.

More features will be released soon!

Using the Cardi-OH Web App is Simple!

- Access Cardi-OH's library of cardiovascular and diabetes care resources.
- Bookmark your favorites.
- Share best practices with colleagues.



[Download Web App →](#)

Learn More

Visit [Cardi-OH.org](https://www.Cardi-OH.org) to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with



The Ohio Cardiovascular and Diabetes Health Collaborative is funded by the Ohio Department of Medicaid and administered by the Ohio Colleges of Medicine Government Resource Center. The views expressed in this document are solely those of the authors and do not represent the views of the state of Ohio or federal Medicaid programs.



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