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Volume 67 | November 25, 2025



CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

December 2025 Statewide Webinar: *Reserve Your Spot!*

*Think Well, Live Well: Brain Health Through a
Holistic Lens*

Wednesday, December 3, 2025
12-1 p.m. ET

KEYNOTE SPEAKER

Robert B. Saper, MD, MPH
Cleveland Clinic, Case Western Reserve University

OBJECTIVES

- Understand the impact of lifestyle and behaviors on cognitive wellness
- Identify modifiable risk factors for decline in cognitive function
- Counsel on key lifestyle interventions for the prevention of cognitive decline and protection of brain health

No-cost CME credit available.



Cardi-OH
WEBINAR



Robert B. Saper, MD, MPH

[View flyer](#)

Tune in to Cardi-OH Radio

Podcast 62 - Updates in MASLD and MASH: What Providers Need to Know

Listen to Sean Kelly, MD, of The Ohio State University.

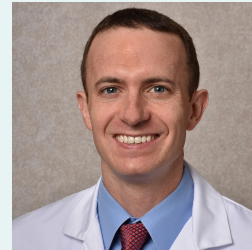
Moderated by Deborah Gordish, MD, The Ohio State University.

Cardi-OH Radio podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



**Cardi-OH
RADIO**



Sean Kelly, MD

Pearls for Clinical Practice

Capsule 61 - Therapeutic Interchange: Switching from GLP-1 RAs to Dual GLP-1/GIP Receptor Agonists

Did You Know?

Adult patients with type 2 diabetes previously established on semaglutide or dulaglutide can start on tirzepatide at 5 mg, skipping the 2.5 mg initiation dose.

Capsules provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.

Cardi-OH CAPSULE



News You Can Use

Current 56 - Updates from the U.S. Dietary Guidelines Advisory Committee's Scientific Report

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.

Cardi-OH CURRENT

What You Need to Know

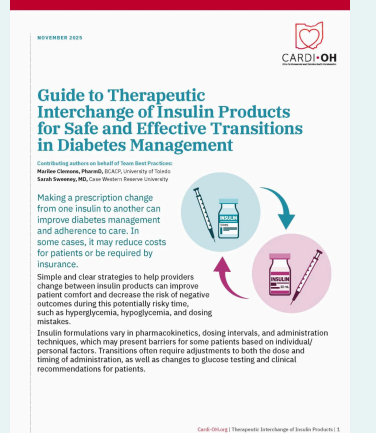
Guide to Therapeutic Interchange of Insulin Products for Safe and Effective Transitions in Diabetes Management



**Cardi-OH
ARTICLES**

Therapeutic interchange of insulin can significantly enhance diabetes management when carefully tailored to individual patient needs. Learn about simple and clear strategies to help providers change between insulin products to optimize cost containment, improve treatment access, and maintain continuity of care for patients who rely on insulin.

Articles focus on high priority topics in cardiovascular and diabetes care designed for primary care clinicians.



February 2026 Webinar: *Save the Date!*

From Prescription to Practice: Tackling Adherence Challenges in Clinical Care

Wednesday, February 25, 2026
12-1 p.m. ET

KEYNOTE SPEAKER

M. Robin DiMatteo, PhD
University of California, Riverside

Registration opening soon.

Cardi-OH WEBINAR

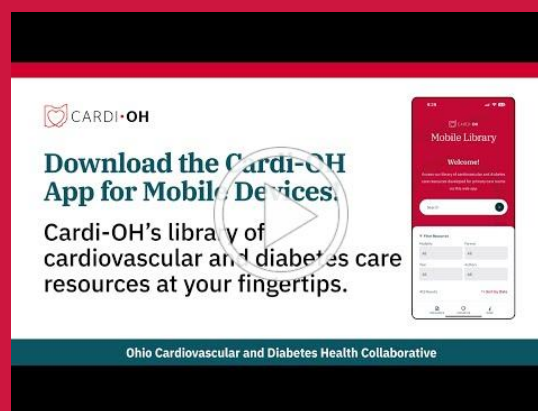


M. Robin DiMatteo, PhD

Using the Cardi-OH Web App is Simple!

- Access Cardi-OH's library of cardiovascular and diabetes care resources.
- Bookmark your favorites.
- Share best practices with colleagues.

Download Web App →



Learn More

Visit [Cardi-OH.org](https://www.Cardi-OH.org) to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with



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