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Volume 71 | March 31, 2026



CARDI•OH
Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Update



The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

Tune in to Cardi-OH Radio

[Podcast 66 - Brain Health and the Heart](#)

Listen to Alan J. Lerner, MD, from Case Western Reserve University.

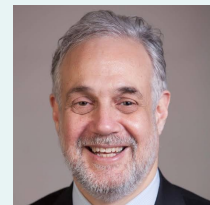
Moderated by Danette Conklin, PhD, from Case Western Reserve University.

[Cardi-OH Radio](#) podcasts highlight national, state, and local leaders discussing timely topics for primary care clinicians.

Want to be the first to know when a podcast is released? [Subscribe to our channel.](#)



**Cardi-OH
RADIO**



Alan J. Lerner, MD

Pearls for Clinical Practice

[Capsule 65 - Maintaining Muscle Mass While Taking GLP-1s](#)

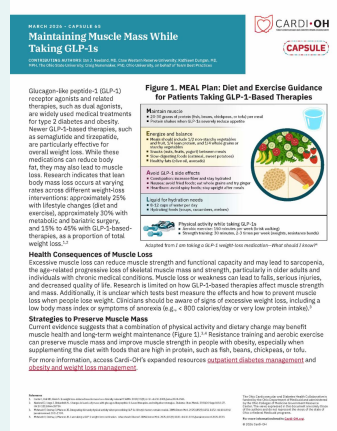
Did You Know?

Cardi-OH

CAPSULE

GLP-1-based therapies may result in a reduction of lean muscle, comprising roughly 15%-45% of total weight loss.

[Capsules](#) provide busy clinicians brief summaries of best practices that are ready to be implemented in clinical care.



News You Can Use

[Current 60 - AHA Scientific Statement: Association Between Social, Genetic, and Genomic Factors and Cardiovascular Disease](#)

[Currents](#) provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.



February 2026 Statewide Webinar: Watch the Recording!

[From Prescription to Practice: Tackling Adherence Challenges in Clinical Care](#)

An interdisciplinary group of 148 professionals from across the state joined us for the February 25, 2026, webinar featuring:

KEYNOTE SPEAKER

M. Robin DiMatteo, PhD
University of California, Riverside

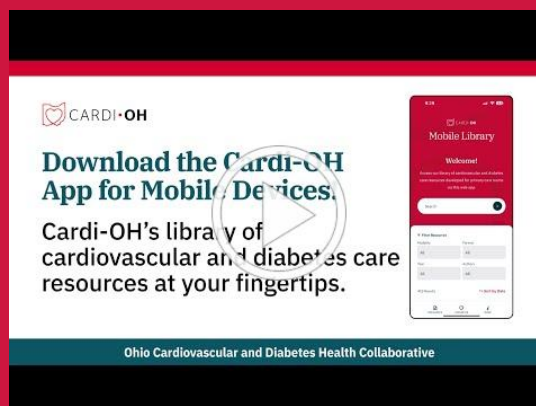
View the webinar recording and slides on [Cardi-OH.org](#).



M. Robin DiMatteo, PhD

Using the Cardi-OH Web App is Simple!

- Access Cardi-OH's library of cardiovascular and diabetes care resources.
- Bookmark your favorites.
- Share best practices with colleagues.



[Download Web App →](#)

Learn More

Visit Cardi-OH.org to read more about the collaborative and our latest best practices.



Sharing best practices to improve cardiovascular and diabetes health

In partnership with



The Ohio Cardiovascular and Diabetes Health Collaborative is funded by the Ohio Department of Medicaid and administered by the Ohio Colleges of Medicine Government Resource Center. The views expressed in this document are solely those of the authors and do not represent the views of the state of Ohio or federal Medicaid programs.

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