

# Simplified Prescription of Diabetes Technology and Medications

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In Spring 2021, the Ohio Department of Medicaid (ODM) launched its *Preferred Diabetic Supply List*, consolidating six unique lists previously dictated by each managed care plan into one.<sup>1</sup> The initiative mirrored the successful rollout of ODM's *Unified Preferred Drug List* in 2020.<sup>2</sup>

This represents an important and potentially transformational shift for diabetes care, simplifying clinicians' prescription of technology and medications to help patients reach glycemic targets and diabetes goals.

While metformin remains a first-line therapeutic option, the 2022 Standards recommend therapeutic choices based on comorbidities as well as patient-centered factors, such as cost and access (Table 1).<sup>2,3</sup>

Diabetes technology is defined as the devices and systems people with diabetes use to manage their condition, including test strips, glucometers, and continuous glucose monitors.<sup>4</sup> Obtaining and correctly using a home glucose monitoring device is a key part of comprehensive management of diabetes by patients and clinicians. Choice of monitoring device should be individualized based on patient factors and should align with patient goals for care (Table 2).<sup>4</sup>

**Medication intensification**, in addition to lifestyle modification, glucose monitoring, and **Diabetes Self-Management Education and Support**, may help patients reach glycemic targets. When choosing individual medication treatment, insurance coverage, benefits, side effects and route of administration should be considered.<sup>2,4</sup>

Access Cardi-OH's **evidence-based tools** and resources to learn more about the care of patients with diabetes.

**Table 1. 2022 Ohio Medicaid Preferred Diabetes Formulary** As of July 2022

Drug Class	Preferred
<b>Non-Insulin</b>	
<b>Metformin and combination</b>	Actoplus Met XR (pioglitazone/metformin), glipizide/metformin, glyburide/metformin, Invokamet (canagliflozin/metformin), Janumet (sitagliptin/metformin), Janumet XR, Jentadueto (linagliptin/metformin), metformin, metformin ER (generic of Glucophage XR), pioglitazone/metformin, repaglinide/metformin, Synjardy (empagliflozin/metformin)
<b>Sulphonylurea SFU</b>	glimepiride, glipizide, glyburide
<b>Glucagon-like peptide-1 receptor agonist GLP-1 RA</b>	Byetta (exenatide), Trulicity (dulaglutide), Victoza (liraglutide)
<b>Sodium-glucose cotransporter-2 inhibitor SGLT2i</b>	Farxiga (dapagliflozin), Invokana (canagliflozin), Jardiance (empagliflozin)
<b>Dipeptidyl peptidase-4 inhibitor DPP-4i</b>	Januvia (sitagliptin), Tradjenta (linagliptin)
<b>Thiazolidinedione TZD</b>	pioglitazone
<b>Alpha glucosidase inhibitor AGI</b>	acarbose, miglitol
<b>Glinide</b>	nateglinide, repaglinide
<b>Insulin</b>	
<b>Basal</b>	Lantus (glargine), Levemir (detemir), Toujeo (glargine U-300), Tresiba (degludec) <sup>5</sup>
<b>Bolus</b>	Apidra (glulisine), aspart, Humalog (lispro) U-100, Humulin R (regular insulin) U-500, lispro, Novolog (aspart) U100
<b>Premix</b>	Humalog 50/50 (lispro protamine/lispro), Humalog 75/25 (lispro protamine/lispro), Humulin 70/30 (insulin isophane/regular insulin), aspart protamine/aspart, Novolog 70/30 (aspart protamine/aspart)

<sup>5</sup> Step therapy

**Table 2. 2022 Ohio Medicaid Preferred Diabetic Supply List** As of July 2022

Supplies	Preferred
<b>Blood glucose meters</b>	OneTouch UltraMini, OneTouch Ultra 2, OneTouch Verio, OneTouch Verio Flex, OneTouch Verio IQ, OneTouch Verio Reflect, ReliOn True Metrix Air, True Metrix, True Metrix Air
<b>Continuous glucose monitors</b>	DexCom G6 Transmitter/Sensor/Receiver, FreeStyle Libre 2 Sensor/Reader, FreeStyle Libre 14-Day Sensor/Reader, FreeStyle 3 Receiver
<b>Test strips</b>	OneTouch Ultra Blue, OneTouch Verio, ReliOn True Metrix, True Metrix
<b>External diabetes devices</b>	Omnipod 5 Pack Pods, Omnipod Dash 5 Pack Pods, Omnipod Dash Intro Kit, Omnipod 5 G6 Intro Kit, Omnipod 5 G6 5 Pack Pods, V-GO 40, V-GO 30, V-GO 20

**References**

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